

**Program fee \$1,950 includes: \*\***

- ✚ Six nights in a 3 star Swiss hotel
- ✚ 6 breakfasts, 5 dinners
- ✚ Academic program in Switzerland
- ✚ Local Alpine guide
- ✚ Lift passes for Alpine hiking
- ✚ Medex insurance

*\*\*Air transportation (approximately \$1,000) and rail pass (approximately \$300) not included in the program fee.*



**Travel Fellowships of up to \$1000 available on a competitive basis!**

**Extend your stay and see more of Europe**

You may wish to visit other areas of Europe. Paris, Florence, Venice, Brussels, Frankfurt, Munich and many other locations are easily accessible by train from Switzerland. Students will have an opportunity during the spring semester to discuss possibilities for extended travel, find travel companions, and hear suggestions from other students who have traveled in Europe.

IMPORTANT DATES	
December 2	Applications due to ADMIN 222. A \$200 deposit must accompany your application. The full deposit will only be refunded to any student not selected to participate.
December 9	Applicants will be notified of selection
February 17	Remaining program fee of \$1750 (less fellowship funding) due
June 16	Arrive in Kandersteg, Switzerland by noon for IFR program
June 22	Depart Kandersteg and return to the US, or extend your stay in Europe

**Meet your faculty**

**Dr. Mary Stuart**, Director of UMBC's Health Administration and Policy Program

**Dr. Michael Weinrich**, Physician and scientist

**Dr. William Shewbridge**, Director of UMBC's New Media Studio

**Ms. Janet McGlynn**, Director of Communications, UMBC Office of Undergraduate Education

**Ms. Katie Birger**, Coordinator, UMBC International Field Research Program

**UMBC**

**INTERNATIONAL  
Field Research  
Scholars Program**

*For additional information see*

**[ifr.umbc.edu](http://ifr.umbc.edu)**

*Or contact:*

**Katie Birger: [cbirge1@umbc.edu](mailto:cbirge1@umbc.edu)**

*For a printable application visit: [ifr.umbc.edu](http://ifr.umbc.edu)*

**SWITZERLAND  
2014**



# Six day Swiss experiential learning program

**HAPP/SOCY 403/663**

**Introduction to International Field Research**

**PHED 121**

**Conditioning for alpine hiking and stress reduction (optional)**

**Apply by December 2**

**Enroll in Spring 2014 seminar class**

**Meet Wednesdays 4:30, at UMBC**

**Travel to Switzerland**  
**June 16 - June 22, 2014**

- Develop research skills in an international context
- Select your own research topic
- Earn 3 academic & 1.5 PHED credits (PHED optional)
- Prepare for sophisticated demands of a global society
- Meet culture requirements for GEP & GFR
- Learn stress reduction & conditioning skills

*For undergraduate and graduate students considering careers in health, aging, public policy, information systems, education, computer science, media, business, science, engineering, research, museum studies, global studies, and cultural resource management*



**Switzerland,** a country of stunning mountain vistas, truly lies at the crossroads of Europe. It is among the top-rated countries in the world with regard to health care, environmental policy, public transportation, infrastructure, live-able cities, and healthy lifestyles. This experiential learning program applies an ecological framework to better understand how culture, policy, and practice interact to achieve a sustainable and healthy society.

UMBC's Swiss field research program is based in Kandersteg, nestled in the Swiss Alps, and rated "One of the top 1000 places to see" in the world! From this base, students travel to nearby cities and hike to complete their field research. Highlights can include day trips to Geneva, Zurich, and Bern, as well as hikes to glaciers and historic alpine settings. All participants have the opportunity to hike, walk in the Alps, ride a lake steamer, and meet the Swiss people.

During spring semester students study research methods, complete background research, and write a research paper as part of a weekly seminar class. They are assigned to a research team based on their topic, and select related field research exercises to complete in Switzerland. Field research methods include: site visits, expert interviews, participant observation, local informants, literature review, case studies, visual methods, administrative data, and historical sources.

## Why Switzerland?

### A lifespan approach to health and aging

How do public policy, clinical practice, and personal choices interact to help individuals of all ages maintain healthy lifestyles? How does stress management affect health and quality of life? How can we be more sensitive to the complexity, interactivity, and cultural diversity of communities, both urban and rural? This team uses an international perspective to investigate the many factors that can influence public health.

### Environmental sustainability and climate change

Switzerland is one of the top rated countries for environmental policy. Climate change has far reaching implications for the environment, including accelerating glacial melt, water supply, disaster preparation, infrastructure investment, and the economy, making Switzerland a microcosm for studying the environment and sustainability.

### Cultural heritage, politics, and national identity

Switzerland is comprised of four geographic regions with different languages. It is a global model for the successful political integration of distinct ethnic groups. Governance is decentralized, with considerable participation by citizens. Switzerland also has one of the strongest economies in the world. The Swiss are reported to be one of the happiest of populations. How do they do it? What are key factors in their success?

### Humanitarian aid and international relief

Switzerland has long been a leader, internationally, in supporting organizations dedicated to humanitarian aid and relief work. The World Health Organization, the UN High Commissioner for Refugees, and the Conference on Disarmament are headquartered in Geneva, as well as the International Red Cross/ Red Crescent.

### Science and medicine: technology, revolution and societal change

Switzerland has a history of scientific innovation and development, including the Large Hadron Collider, a world class transportation system, some of the longest tunnels in the world, pharmaceutical and technological research, and famous historical figures such as Einstein, Paracelsus, and Carl Jung. This team studies the context and consequences of major changes in science, medicine, and technology.

### Arts and the humanities

The arts and humanities challenge us to understand what it means to be human. Visit Roman ruins, explore the historical role of women and children, retrace the footsteps of famous authors, visit castles and cathedrals, or research community music and art. Use your Swiss Pass for access to numerous museums and cultural opportunities!